

## Alabama Department of REHABILITATION SERVICES



June 14, 2018

## **News Release**

FOR IMMEDIATE RELEASE

Contact: Rick Couch 334-293-7046

## College Quest program begins this weekend

MONTGOMERY – The Alabama Department of Rehabilitation Services' new College Quest program will launch its initial session on the campus of Auburn University this weekend.

When the program begins, 12 participants will work with resident assistants to complete several exercises designed to improve independent living skills.

The two-week camp, which is scheduled for Saturday, June 16, through Friday, June 29, will offer a full day of instruction for each session.

Participants will learn about time management, financial management with adaptive devices, social engineering, self-awareness and self-advocacy, vocational rehabilitation, dining etiquette, cleaning techniques, labeling and marking, bullying, note taking, problem solving, food preparation, travel for low-vision, and shopping.

Topics for week two include Adulting 101, use of Amazon Alexa, hiring readers and drivers, diet and nutrition, and a Science, Technology, Engineering, and Math Day.

College Quest is a collaboration between ADRS, the Alabama Institute for the Deaf and Blind, Alabama Industrial Development Training, the Alabama Department of Commerce, and Auburn University. The program is offered free of charge.

ADRS, AIDB, and AIDT are providing instructors, and AU is awarding two hours of college credit to students who pass the course.

A scholarship also will be awarded to a student pursuing a STEM-related degree.

# # #